**Al Siraat College** 

# Newsletter



August 2021







## **WHAT'S BEEN HAPPENING...**

Hi families,

We hope you are keeping safe and doing well. We have had so much fun over the past two weeks at OSHClub. Time is flying! Did you know that next week we are starting Week 5, which is basically the middle of Term 3! While you have been busy at work, we have been busy learning new skills and conducting investigation activities. Check out our pictures to see what we have been up to ©





#### **ANNOUNCEMENTS**





### FIT KIDZ CLUB

13th August

We are starting our own club at OSH Club -A sports club! See the last page for more info.





## Newsletter





### COMING UP



#### **National Lazy Day**

On this day, we will be making our own fairy bread!



#### Fit Kidz Club

On this day, we will learn the basic skills required to play Australian Rules Football.



#### Fit Kidz Club

On this day, we will learn the skills required to compete in long jump and relays!



### **PHOTO GALLERY**

















### **Oreo Milkshake**

#### Ingredients:

2 Cups Vanilla Ice Cream
3 Cup Milk
8 Oreo Cookies
1 Teaspoon Vanilla Extract
Whipped Cream for serving

#### Method:

- Add the ice cream, vanilla extract and milk in your blender.
- 2. Then, break up the Oreo cookies into small pieces.
- 3. Pulse everything until mostly smooth.
- Serve in large glasses with whipped cream if desired.



Joke of the week: What do you call a teddy bear with no teeth? A gummy bear!

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**CLUB NEWS** 

## NEW CLUB STARTING WEEK BEGINNING 9th AUGUST

We have missed you and what better way to welcome you back then with a purpose built, exclusive to OSHClub CLUB! Over the next 5 weeks we will be running Fit Kidz Club. Come and join us as we learn new skills and put them into practice in a fun filled session every Friday afternoon.



## Session 1 – AFL Skills & Drills

Children will learn the basic skills required to play Australian Rules Football, like kicking, handballing, marking and bouncing!

## Session 2 – Athletics: Phase 1

Children will learn the skills required to compete in long jump and relays – we'll make Olympians out of them all!

